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M: +27 (0) 82 956 3310 (emergency)
E: drlelala@ufhc.co.za
A: Ubuntu Family Medical Centre
The Grayston Shopping Centre
Grayston Drive | Sandown | Sandton, 2031



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M: +27 (0) 82 956 3310 (emergency)
E: drlelala@ufhc.co.za
A: Suite No. 113
Melomed Private Hospital
John Ross Highway | Richards Bay, 3900

DR BRUCE LELALA

PLASTIC & RECONSTRUCTIVE SURGEON

[BSc, MBChB, DA, PDBA, MMED (UCT), FC Plast Surg (SA)] | MP 0650269 | PR No. 0834815

PATIENT INFORMATION PRIOR TO SURGERY

GENERAL ANAESTHETIC/CONCIOUS SEDATION

THESE ARE THE REQUIMENTS FOR ANAESTHESIA YOU NEED TO FOLLOW:

1. You may eat until 10pm the night before the operation. You may drink water **(NOT TEA OR COFFEE)** until 4am on the morning of the operation. Bring a light snack with you, that you can have after the operation.
2. If you taking HIGH BLOOD PRESSURE TABLETS, you may take that with a sip of water only- **NOT** a full glass.
3. **STOP WARFARIN/DISPRIN/ASPRIN/Herbal Supplements** or any medication that thins your blood, Seven days before your operation
4. NB: DIABETICS: please bring all your medicines with you, so that the doctor can see what you are taking
5. NB: Asthmatic Patients: Please bring in your Asthma pump
6. Please leave all your valuables at home on this day. Staff are not responsible for it.
7. It is most important that you arrive on time. If you are unable to keep your appointment, please inform the Secretary of **DR BRUCE LELALA** at Ubuntu Family Medical Centre Sandton on (011) 822 3151 or (035) 791 5430 Richards Bay
8. Please bring an escort (relative or Friend) along with you to assist you after your operation and take you safely home. Please do not bring a child as an escort.
9. **NB: YOU WILL BE CANCELLED IF YOU DO NOT COMPLY WITH THE ABOVE.**