

T: +27 (0) 10 822 3151  
M: +27 (0) 82 956 3310 (emergency)  
E: drlelala@ufhc.co.za  
A: Ubuntu Family Medical Centre  
The Grayston Shopping Centre  
Grayston Drive | Sandown | Sandton, 2031



T: +27 (0) 35 791 5430  
M: +27 (0) 82 956 3310 (emergency)  
E: drlelala@ufhc.co.za  
A: Suite No. 113  
Melomed Private Hospital  
John Ross Highway | Richards Bay, 3900

DR BRUCE LELALA

PLASTIC & RECONSTRUCTIVE SURGEON

[ BSc, MBChB, DA, PDBA, MMED (UCT), FC Plast Surg (SA) ] | MP 0650269 | PR No. 0834815

## PATIENT INFORMATION PRIOR TO SURGERY

### THESE ARE THE REQUIMENTS FOR A LOCAL ANAESTHETIC YOU NEED TO FOLLOW:

1. You may have breakfast/food to eat in the morning before the operation
2. Take all medication on the morning that you are due to have your operation especially if you are on **hypertension medication**
3. **STOP WARFARIN/DISPRIN/ASPRIN/Herbal Supplements** or any medication that thins your blood, 7 days before your operation
4. NB: DIABETICS: please bring all your medicines with you, so that the doctor can see what you are taking
5. For Asthmatic patients, please bring with your asthma pump
6. Please leave all your valuables at home on this day. Staff are not responsible for it.
7. It is most important that you arrive on time. If you are unable to keep your appointment, please inform the Secretary for **DR BRUCE LELALA** on (035) 791 5430 Richards Bay or Ubuntu Family Medical Centre Sandton on (011) 822 3151
8. Please bring an escort (relative or Friend) along with you to assist you after your operation and take you safely home. Please do not bring a child as an escort.
9. **NB: YOU WILL BE CANCELLED IF YOU DO NOT COMPLY WITH THE ABOVE.**